



Psychogram

Newsletter of the Department of Psychology at Illinois State University

Spring 2003

Psychology student-athletes stand out

P sychology majors Abbie Scott and Zora Skrabalova agree that being an athlete and a student is hard work. While meeting the demanding practice and game schedule commitments of their sports, they are expected to play well, succeed in taking a full load of classes, stay healthy, and be always optimistic and in good spirits to go into practices and games with winning attitudes. Making outstanding effort, though, is an everyday matter taken in stride by these two outstanding young women.

Abbie is a senior psychology major from Macomb who plays right field for the Redbirds softball team. The softball season starts at the end of January and ends at the beginning of May with only one day off a week for players. Abbie misses a lot of classes with her rigorous game schedule as the softball team travels all over the country. Professors are understanding about and accommodating to absences but, even so, missing classes and making up assignments and tests is one of the toughest aspects of being a student-athlete.

A typical day for Abbie involves classes with homework in between, practice from about 4 to 8 p.m. that includes weight lifting, conditioning exercises, and skill training, then more homework. Her weekends are taken up by practices and games, and even

her school breaks, times when most students relax with friends and family, are spent practicing, playing games and tournaments, and keeping up with schoolwork.

Abbie has mastered a schedule that would strain most students just to imagine. Her



Abbie Scott, above, and Zora Skrabalova, right.

just-announced reward is the ultimate the University has to offer an undergraduate: the Bone Scholarship. Abbie will receive a large cash stipend and her name will be immortalized on a plaque in the Bone Student Center. In academics, Abbie has earned an astonishing 3.97 G.P.A. She qualified for membership in Psi Chi, the national honor society in

psychology, and for other honor societies as well. Abbie believes that being an athlete actually makes her a better student because she works better under pressure. She feels that time pressure forces her to plan her schoolwork and complete assignments quickly and efficiently lest she fall behind and not have space in her schedule to catch up.

Abbie's success on the field is no less than her academic



pro prowess. She has been on the AFNI honor roll since her freshman year. In 2000, she was an NFCA All American Scholar-Athlete and earned the honor of being voted Most Improved Player on her team. In 2001, she started in all 55 games, and again was voted Most Improved Player. She had a triumphant year in

2002 when she was again an NFCA All American Scholar-Athlete, was a member of the Valley Scholar-Athlete First Team and the Verizon Academic All District Second Team, and a first-team all-conference pick.

Psychology has interested Abbie since high school. The course "Introduction to Psychology," which she took as a college freshman, clinched her thoughts of becoming a psychology major. After graduation in December 2004, Abbie would like to pursue graduate work in clinical, counseling, or school psychology at least at the master's level, and perhaps beyond.

Zora Skrabalova is a 6-foot-4-inch dynamo on the women's basketball team. She is a citizen of the Czech Republic who knew at a young age she wanted to be a world-class basketball player. Like Abbie and all dreamers who succeed, Zora plans her work and works her plan.

To polish her English skills and get a feel for basketball competition in the West, Zora secured a position as an international exchange student in Canada for her junior year of high school. She returned home for her senior year in high school with barely accented, fluent English and a year of valuable experience with her game. Playing then on her high school team, Zora was scouted by international coaches and

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Alumna of the Year

Diane Morrison, M.S. '82, school psychology, is director of support services for the Northern Suburban Special Education District in Highland Park, one of the largest and most innovative special education cooperatives in Illinois and the nation. Diane has been a national leader in educational reform efforts to meet the needs of at-risk students and has set a national precedent in the alternative delivery of services with her Flexible Service Delivery System (FLEX). Over the years, Diane also has found time to mentor many school psychology interns, including a number of our own from Illinois State.



From the chairperson

The loss of color and pages in this year's newsletter is testament to our financial situation. The Psychology Department lost 1.3 non-tenure-track positions this year, or the equivalent of 12 courses. Even with some extra funding from the provost and dean, we offered many fewer (but larger) sections. We also lost five Graduate Assistant (G.A.) positions. Faculty, whose lack of raises this year will probably

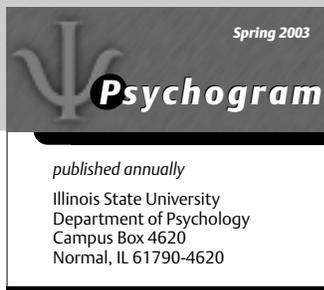
continue to be frozen next year, are receiving no travel reimbursement, pending final determination of state cutbacks for the current fiscal year. Jeff Imig, whom we relied on for technical support, retired at the end of December, and we really miss him because the position is frozen. We now rely on two part-time G.A.s to keep our computers running. Copying by the faculty is being rationed. The computer projector from one of our large rooms was

stolen. The library journal acquisitions buyer went bankrupt, so purchase of this year's journals is in doubt. And the president has resigned to accept an offer in Texas.

Despite these trying times, we are teaching classes, supervising students, seeing clients, and conducting research, and the enthusiasm of the faculty is still shining through. Students seem to be aware of the financial problems only because there are fewer handouts (which are posted on the Web instead) and the library is no longer open 24 hours (a major loss for some of them). A new provost, John Presley, arrived at Illinois State University on March 3. As a member of the search committee that selected him, I have high hopes for him. Al Bowman, a long-time Illinois State University faculty member and former chairperson of Speech Pathology and Audiology, has moved from interim provost to interim president. So we face the future with confidence and enthusiastic new leadership.

This newsletter presents many good things happening in the Department of Psychology. Highlights include a generous fellowship from Audrey Grupe and Mary Jane McCarthy, new space in Fairchild Hall for the Psychological Services Center, and NASP accreditation of the School Psychology specialist and doctoral programs. I want to express my appreciation to our recent retirees, Jim Johnson, Gordon Redding, and Jeff Imig, and my confidence in our new faculty members, Renee Tobin, Corinne Zimmerman, and Greg Braswell and Rocio Rivadeneyra who also serve as our new diversity coordinators.

David Patton Barone



Students succeed

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accepted an offer from a Colorado junior college. Her obvious talent there made her a prime candidate to be picked up by a recruiter from Illinois State.

As a center at Illinois State, in her first season Zora was the top rebounder for the Redbirds, No. 2 in blocked shots, and she was ranked among Missouri Valley leaders in field goal percentage. Her greatest personal achievement was making the Region IX All Star Team. This season, still in progress, Zora is outdoing herself. She has to keep pushing to meet her ultimate goal of playing professional basketball after graduation and qualifying for the 2004 Summer Olympics.

In spite of weight training mornings at 6:30, afternoon practice often up to five hours, running when possible, and games that frequently take her away from school from Wednesday through Friday, Zora maintains a 3.3 GPA as a junior psychology major. She takes her books and notes everywhere and studies whenever she can. Down time means time for sleep, not time for socializing. As far as life after basketball, Zora thinks about pursuing a graduate degree in either sports psychology or industrial organizational psychology.

Since leaving home for college, Zora has been able to return each summer for a visit to see her family and the young man who waits for her. This year, there is talk among the coaches that the Redbirds may make a summer European tour that would include play in the Czech Republic, a very exciting possibility for Zora. The chance of her being scouted for a European professional team would be good, plus she could enjoy the pleasure of playing for the crowd at home again.

Both Abbie and Zora demonstrate the focus, self discipline, and drive characteristic of all our athletes in psychology and the University at large. Athletes are an extraordinary group we are proud to highlight. In the future, they will be some of our outstanding professionals and community leaders as they transfer their skills to other endeavors.

• PSYCH FACT! •

Seventy-nine percent of those who matriculated at Illinois State as freshmen and earned a bachelor's degree in May 2002 took at least one psychology class.



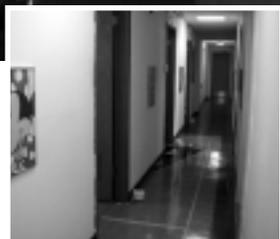
Student terminals

Psychological Services Center news

A most unexpected stroke of fortune has landed the Psychological Services Center (PSC) back in Fairchild Hall after four years on the far east side of campus.

This time, however, the center has the whole fourth-floor penthouse with huge windows all around! There are seven client rooms: three with observation windows and four soon to be wired for live observation in a central viewing room. One room is large enough for parent education or therapy groups and can be used for play therapy as well. There is a good-size waiting room, a front office where clients check in and clinicians check out materials, and a secluded large private office that Neva and Mark share. A large room is divided into four different usage areas: test storage; library; electronics, i.e., four modern computers, a network printer, and a typewriter; and seminar tables. Some refurbishing and renovation was required, but all has been accomplished using fees and donations.

Redevelopment plans for downtown Normal that involve razing the PSC building as well as concern for client privacy in the physical design of the suite spurred the move. Although not technically under the new federal privacy act (HIPAA), the PSC wanted to meet the new guidelines as closely as possible. An



Client room hallway

opportunity to move into what used to be a health clinic suite seemed the perfect solution. Not only is the space configuration more clinically oriented, but also there is much needed additional useable space. As a result, the PSC has been able to increase the number of clients seen and the research in progress.

When you are in town, please call to arrange a visit at 438-5269. Staff take greater pride than ever in their clinic. Also, since the clinic is mainly self-supporting now, a donation in any amount would be very much appreciated.

New diversity coordinators

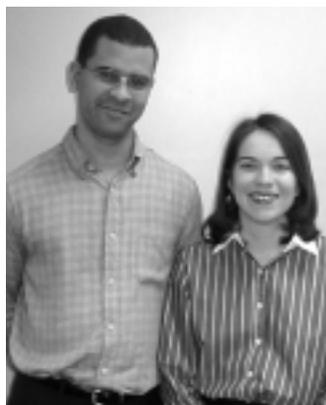
Rocio Rivadeneyra and Gregory Braswell are new faculty members this year in the developmental-educational sequence who have also been appointed diversity coordinators for the Department of Psychology. Their goal is to effect a more inclusive environment in the department for all students and faculty. Accordingly, they define diversity to include not only race and ethnicity but also social class, sexual orientation, gender, and international status.

Greg and Rocio have been busy their first semester assessing what is being done by the Department of Psychology to encourage diversity and thinking of new

ways to reach their goal of greater inclusivity. So far, they have identified three needs: 1) recruitment of underrepresented groups for undergraduate and graduate programs and faculty positions; 2) retention of members of underrepresented groups in the department; and 3) identification of ways to diversify the curriculum.

In light of the identified needs, Rocio and Greg have been working at collecting information from faculty and students. They have created an undergraduate diversity committee with student representatives who help them understand how students view the department's treatment of diversity issues. Already, this committee has provided valuable insight into student concerns and has offered suggestions about changes in the department.

One idea under review is the establishment of an undergraduate mentorship program that would pair new students with more experienced students as their mentors. Another idea is the development of a page for the undergraduate Web site that would include information on scholarships and programs of particular interest to students from underrepresented populations. Readers may contribute to this page by sending related information to Rocio and Greg at rrivade@ilstu.edu or gbrasw@ilstu.edu, or to the Department of Psychology mailing address. Committee members will appreciate any assistance.



Above, New diversity coordinators Gregory Braswell and Rocio Rivadeneyra. Right, a display at the Undergraduate Research Symposium.

• PSYCH FACT! •

Psychology was the most highly represented department with 45 undergraduates at the spring '02 Undergraduate Research Symposium.

Undergraduate notes

Major revisions

The big news is that revisions of the major have been approved. The changes show the department's commitment to the University's strategic plan, *Educating Illinois*, and to providing individualized opportunities for students. Considerable effort will be devoted to phasing in the revisions over the next two to three years.

One change revises the required capstone experience. Senior seminar, which integrated material from students' previous course work with new topical readings, has been replaced with a menu of four possible capstone experiences designed to include academic immersion as well as pre-professional opportunities. With this new selection, students who are considering graduate training and those who seek immediate employment after graduation can have relevant capstone experiences.

In the new capstone menu, the integrative course will be "History and Systems." Also available will be a yearlong research apprenticeship in a faculty laboratory. Another option will be an off-campus professional practice with an on-campus seminar devoted to professional issues as addressed in psychological research. The fourth option will be the opportunity to do an

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Fiscal year 2002 Donor Roll

July 1, 2001-June 30, 2002

Anonymous (2)
 Elizabeth and Philip Aderton
 Alan and Sandy Ahasic
 Lynn Ahlgrim-Delzell and Peter Delzell
 Debra and Richard Alexander
 Carrie Anderson
 Jean and David Anderson
 Cathy Baechle and D. Charles Van Hecke
 Janet and Paul Bailey
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 William Goeman
 Myra and George Gordon
 Theodore Gordon
 G. Gary and Claudia Grace
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 Matthew Hesson-McInnis
 Kathryn Hoff
 Alvin and Betty House
 Malia and Steven Huchendorf
 Henry Hummert
 Barbara and Arnold Insel
 Susan Jablonsky
 Kevin Jestic
 Thomas Johnson
 Yvonne and Ricky Johnson
 Graham and Marion Jones
 Marjorie and Royden Jones
 Patricia Jost
 Madalyn and Gregory Kalning
 Barbara Kurtz
 Tyra LaRocca and Joseph Larocca

Undergraduate notes

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honors thesis with presentation at the department's spring honors colloquium.

The second revision to the major will be the introduction of a required course called "Careers in Psychology." This second-year course will familiarize students with occupations at the bachelor's level in psychology and options for graduate study. It will provide students helpful information for planning their programs not only to take advantage of opportunities in the department but also to maximize career options.

• PSYCH FACT! •

In a single semester, about 20 percent of Illinois State students are registered for psychology courses.

Honors Program

Assistant Professor Dawn McBride is the new coordinator for the growing Honors Program. There are now more than 50 psychology students, or about one-tenth the total number of departmental majors, in the Psychology Honors Program. Qualifications for admission are a 3.3 cumulative GPA, a 3.5 psychology GPA, and concurrent status in the University Honors Program. To fulfill the honors research requirement, many honors candidates choose to work on theses under faculty supervision. Hard-earned results can then be showcased at the all-University undergraduate research symposium in March and the Psychology Department honors colloquium in April.

In support of our honors students, the Department of Psychology is expanding the number of honors sections offered. "Social Science Reasoning Using Statistics" and "Research Methods in Psychology," both required courses, will have honors sections for the first time next spring. As before, honors students can earn honors credit in any course by arranging additional work with the instructor.

Further, since many students seem unaware of honors opportunities, the Department of Psychology is developing an honors Web page as part of the Web site for undergraduate psychology majors. We hope that easily accessed information on the Web will spur students to at least think about stretching for the rewards of an honors program.

Graduate notes

Awards

The Department of Psychology is very proud to announce that four graduate students won substantial financial awards from the College of Arts and Sciences. Winners were Jennifer Coane in cognitive and behavioral sciences, Tiffany Powell in developmental-educational psychology, Anna Bodner in school psychology, and Kristal Shelvin in school psychology. Kristal also garnered the statewide competitive Minority Scholarship Award given by the Illinois Fund for Careers in School Psychology. The department is also proud to note that the Graduate School awarded Amy Ogan, school psychology, the prestigious Ora Bretall Scholarship.

Clinical-Counseling Psychology

Changes marked 2002 for the clinical-counseling area. A major event was approval by the Illinois Board of Higher Education to make clinical-counseling a degree program in its own right within the Department of Psychology. Now, students completing the Clinical-Counseling Program will earn their master's degrees in clinical-counseling psychology. Formerly, when clinical-counseling was a sequence in the Department of Psychology, students earned a master's degree in psychology. This administrative shift will give the Clinical-Counseling Program greater autonomy in curriculum planning which, in turn, will more easily keep students updated in the changing demands of professional practice in the 21st century.

• PSYCH FACT! •

In the '01-'02 academic year, students in Educational Psychology 215 spent 5,500 hours of observation at the University lab schools.

Officially, our new program begins in fall 2003.

The first class from the consolidated clinical-counseling area graduated in May 2002. Fourteen of the 15 initial students took their degrees and moved on: one to a doctoral program and the others to professional positions. The coordinating committee plans to track graduates' career progress to gather information for strengthening the program.

Faculty and students continue to be active in collaborative research. Ray Bergner published two articles with Anna Bridges (clinical) and one with Christina Ward (clinical-counseling). Dan Graybill and Lorna Moser (clinical) presented a symposium.

Jim Johnson is deeply missed since he retired in December. Dr. J. mentored many generations of graduate and undergraduate students, and made many valuable contributions to the clinical-counseling sequence. We are hoping that he will return to teach part time as Doug Lamb has since his retirement.

Developmental-Educational Psychology

We are pleased to introduce three new faculty members: Greg Braswell, Ph.D. University of Illinois, and Rocio Rivadeneira, Ph.D. University of Michigan, both featured elsewhere as diversity coordinators for the department, and Corinne Zimmerman, Ph.D. University of Alberta, whose focus is educational psychology. Additionally, Renée Tobin, Ph.D. Texas A & M University, joins us

as an affiliate from the School Psychology Program.



Corinne Zimmerman

Patricia Jarvis and Gary Creasey returned from sabbatical leaves with a CD-ROM project covering lifespan activities in press at McGraw Hill Publishing Co. Gary is already into his next project, a textbook titled *Research Methods in Lifespan Development* to be published by Allyn & Bacon.

Pat Jarvis is now graduate coordinator in the department. Recently she was a guest panelist on *Talk of the Nation*, a program on National Public Radio. The topic featured was the psychological significance of grandmothers in the lives of grandchildren. Pat spoke to her research on grandmother-grandchild attachment.

Marla Reese-Weber has had a busy year teaching educational psychology, strengthening ties with the College of Education, and having her second daughter, Reese Weber. This fall she attended a colloquium for the Council for Teacher Education.

Three graduate students will take degrees in 2003. In addition to academic course work, each of them is completing professional practice. Tiffany Collins Powell works at Catholic Charities with children in foster care and their families. Tracy Lyons works with the East Central Area Agency on Aging as a community ombudsman in long-term care facilities. Lourdes Palomino assists physicians at the Arthritis Foundation in addressing the needs of individuals diagnosed with arthritis. Her article on coping with arthritis was the cover story in the Focus section of *The Pantagraph* on October 14, 2002.

Faculty members welcomed seven new students this year with an informal chilly picnic (indoors) at Pat and Gary's home. We are impressed by this new group of highly motivated students and excited to be working with them.

Gary, our new Webmaster, would be delighted if you would visit our site and send us your updates at <http://iilt.ilstu.edu/devpsych/program.html>. Hope to see you at SRCD in Tampa this April!



Above, Mark Swerdlik in his new office.

Industrial-Organizational Psychology

On February 28, the I/O sequence held an alumni career panel discussion for both graduate and undergraduate students. Alumni offered a three-hour discussion on topics related to career development and progression. Panel members were Angela Adorno, Anthony Adorno, Jason Bobst, Greg Brockwell, Dorene Burkhalter, Jeff Facticeau, and Sharon Mills. A fun informal reception and dinner followed at Central Station. Perhaps we can make this worthwhile and enjoyable event a tradition.

School Psychology

Hello, School Psychology Program alumni, for the sixth consecutive year!

Faculty happenings

We welcome a new faculty member, Renee Tobin. Renee received her doctorate from Texas A & M University and completed her internship at a residential school in New York. She is teaching "Behavior Disorders in Children" and the psychoeducational assessment and intervention component of the second-year practicum. Her research interests include emotional regulation, personality and social development, assessment and intervention of children with emotional disturbance, adult-child relationships, and developmental psychopathology.



Renee Tobin

Current program

Current enrollment numbers 56 students in both the Specialist and Ph.D. Programs. This year there are 14 entering students, with seven enrolled in the Doctoral and seven in the Specialist Program. Incoming students received their undergraduate education or master's degrees at the University of Kentucky, Indiana University, Augustana University, Bradley University, University of Illinois, Southern Illinois University at Carbondale, Loyola University of Chicago, and Illinois State University.

Six specialist and two doctoral students are on internships. As always, we appreciate the guidance that alumni of the program provide to current students whom they supervise in the field.

Several doctoral students have completed their degrees since the last newsletter: Tesa Brager, Rebec-

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Richard and Mary Lavender
Nancy Lind
Cheryl and Wing Lum
Tonya Luttrell
Kimberly and David Macurdy
Dawn McBride
Steven and Kathy McCaw
Kathleen and Michael McGee
Timothy and Victoria McGibbon
Gerald and Claire Melican
Ramona Mennenga and Shawn Werts
Amy Mersinger
Ellen Miller-Germaine
and Richard Germaine
Sharon LaFace Mills
Robert and Rebecca Mitchell
Coenraad and Constance Mohr
Proco and Georgia Moreno
Lori and Darrell Nall
Elizabeth Nardiello
John and Linda Noto
Kevin O'Brien
Lawrence and Joyce Olson
Laurinda Osterbur
Bonnie Peters
Ardis Peterson
Dennis Petrowsky
Jeannine and Allen Pickering
Robert Pinchott
Amy and Ken Pitzer
Mari Prepejchal
Deborah Pryzwara and Gary Lundquist
Rachel Purcell
Dawn and Todd Ramsburg
Gary and Kay Ramseyer
Glenn and Jan Reeder
William Rupert
Samuel and Maureen Salinas
Maureen and Scott Sand
Elizabeth Sather and Steven Ray
Linnea and James Sennott
Charles and Joan Sherman
Kathleen and Michael Smith
Deborah Sperry
Margaret Stearns
Michael and Beverly Stevens
Gregory Stock
Deborah Sudbury and
Heinz-Bernd Schuttler
Sharon and Harold Swanson
Margaret and Mark Swerdlik
Steven and Marcia Terrill
Peter and Jackie Thomas
Shailer and Sherilyn Thomas
Vincent and Patricia Trosino
Brandon Trueblood
Linda and Bruce Unterman
John Vespa
Lloyd Vinnedge
W. Paul and Elaine Vogt
David and Darlene Weber
Curtis White and Georganne Rundblad
Karen Williams
Macon and Ann Williams
Jill Yentes
Allen and Charlotte Yonesaki
Jaimee and Rockie York

In fiscal year 2000, 151 donors gave \$10,072.24.

In fiscal year 2001, 231 donors gave \$13,891.

In fiscal year 2002, 151 donors gave \$15,821.

Your support is a very welcome morale booster as well as a financial help in today's economy. Many thanks!

**Some employers match donations.
Your benefits office can advise you.**

Audrey J. Grupe Fellowship in School Psychology

Many of our alumni remember with fondness the generous contributions that Dr. Audrey J. Grupe made to their professional development as school psychologists. Dr. Grupe was the first School Psychology Program director at Illinois State University, serving from 1968-1987; she was director of the Psychological Services Center on campus; and she was the architect of our Illinois State Board of Education-approved School Psychology Program. During her tenure at Illinois State University, Dr. Grupe contributed to educating well over 300 school psychologists.



Dr. Grupe's generosity and that of her friend Mary Jane McCarthy, a former social worker in the Bloomington Public Schools, has continued with their establishment of the Audrey J. Grupe Fellowship in School

Psychology. Dr. Grupe and Ms. McCarthy established the fellowship in remembrance of the financial aid they each received while pursuing their degrees as well as in commemoration of their respective professional careers. They are committed to fostering the development of new professionals dearly needed in the service of children and their families in the school setting. The fellowship will fund one entering specialist-degree student each year for her/his two years of on-campus training. Funding includes a tuition waiver and the financial equivalent of a half-time graduate assistantship. School psychology faculty are very grateful to Dr. Grupe and Ms. McCarthy for their concern for and contribution to school psychologists and the children of the future.

School Psychology *continued from page 5*

ca Ettelson, Phil Foster, Brenda Huber, and Liza Kane Strain. Congratulations!

NASP approves programs

Our Specialist and APA-accredited Doctoral Programs have received full approval through 2007 by the National Association of School Psychologists (NASP). This allows our programs to be nationally recognized by NCATE. In addition, graduates from both programs will be able to qualify for the National Certificate in School Psychology (NCSP) pending a passing score on the Praxis II Examination in School Psychology and documentation of an internship consistent with NASP standards.

• PSYCH FACT! •

Fifty-nine percent of all transfer students who earned a bachelor's degree in May 2002 took a psychology course.

Internship consortium

The School Psychology Program collaborated with the three other Illinois school psychology doctoral-granting universities (Loyola, National-Louis, and Northern Illinois) to establish a doctoral-level school psychology internship consortium. Participating sites include public and private schools, mental health and university counseling centers and hospitals, all settings in which doctoral-level school psychologists find employment.

Nikki Duke and Sarah Steinkamp Berghold, both Illinois State University students, were selected as the first interns beginning fall 2002. Nikki Duke is at a joint site with Sangamon Area Special Education District in Springfield and the Children's Center and Diagnostic Clinic, a division of the Mental Health Centers of Central Illinois. Sarah Steinkamp Berghold is at Westbrook Academy Therapeutic Day School in Mt. Prospect, an associate of the Northwest Suburban Special Education Organization.

The consortium is a member of APPIC, the Association of Psychology Postdoctoral and Internship Centers. Listing in that directory is what opened the program to a national pool of applicants for the second class of interns. On match day, seven of 10 available internships were filled with individuals from Nebraska, Wisconsin, Illinois, and Michigan. Training supervisors from the remaining three internships sites are interviewing applicants participating in the APPIC Clearinghouse. When the new interns take their positions in August 2003, they will have the additional training opportunity of monthly didactic seminars. Sites will take turns hosting the interns to exchange ideas, study current topics, and make case presentations.

Alumni representing potential sites that would like to participate in the consortium are invited to contact the consortium's training director, Brenda Huber, at ispic@ilstu.edu.

Passages

Anna Adamick '83: married.
Jolene Baldwin '00: baby girl.
Jayne Bazos '82: full-time private practice, school and clinical psychologist, Chicago area.
Tracy Beudel '00: married.
Cheryl Cabalfin '02: married.
Karen Durda Conness '98: baby Clinton James; employed by Roxana Community School District, Roxana.
Beth Dorfman '98 and Barry: baby Alayna Grace.

• PSYCH FACT! •

The Department of Psychology averages more than 500 majors and 500 minors per semester. Consequently, 4 to 5 percent of all students at Illinois State are psychology majors or minors.

Lynn Ekdale '93: doctoral student in school psychology, instructional assistant professor, Illinois State University.
Melissa Paoni Fisher '00: licensed clinical psychologist, private practice.
Debbie Freberg '82: school psychologist, Indianapolis suburbs.
Megan Connelly Grothaus '84: school psychologist in Virginia and cyber mentor for a first-year student in our program.
Tony Lyons '80: after years as a classroom teacher returns to school psychology, Naperville Public Schools.
Jeff Moore '82: after 18 years at Peoria Caterpillar considering a return to school psychology.
Diane Morrision '82: 2002 Illinois State University Department of Psychology Outstanding Alumna.
Rivkah Olley '75: school psychologist in Maryland and cyber mentor for a first-year student in our program
Susan Phelps '92: earned school psychology doctorate, University of South Carolina at Columbia.
Paula Soukoup Pravidici '82: interventionist, elementary schools.
Kristi Moss Reagan '91 and Kevin: children Erin, 7, and Matthew, 3.
Greg Robinson '80: 2000 Illinois State University Department of Psychology Alumnus of the Year; superintendent of schools, Urbandale Community School District, Urbandale, Iowa.
Ruth Todt '76: principal, Belvidere High School.
Debbie Izzo Trout '82: school psychologist, Hinsdale.
Janet Hadler Wolf '93 and Don: baby Aaron Samuel.

Don't forget to send your news to Mark Swerdlik at meswerd@ilstu.edu or to the department address on the newsletter back page. Until next time, may you all be safe and may your days be fulfilling.

Alumni update

Jeffrey Benware '94, M.S. '96 (counseling): pre-doctoral intern at Missouri Health Sciences Consortium; doctoral candidate University of Houston; wife, Allison Beland '96; first child April 2002.

David J. Bloyd M.S. '71 (clinical): retired from Physicians Mutual Insurance Co. as assistant V.P. agency sales promotion.

Laurie Cox M.S. '00 (general): Licensed Clinical Professional Counselor; art therapist; private practice, Normal.

Richard Kauffman '74: psychological examiner, Winthrop, Maine.

Jennifer Adams Lass M.S. '01 (developmental): married, Lisle.

Marilee S. Niehoff M.S. '73 (general): Ph.D. educational administration; Niehoff Associates, Bloomington, organization development specialists, education and health consultants.

Hollis Rowan '01: qualified mental retardation professional; continuing education in counseling psychology.

Sally Stanton M.S. '88 (counseling): Ph.D. cultural anthropology, University of Wisconsin-Milwaukee; founded Zircon Consulting Group, Inc. offering development, marketing and other services for non-profit organizations.

Retirees

JEFF IMIG was one of the first computer technicians on campus 25 years ago. Back then, the Department of Psychology had two computers and one printer. Jeff spent most of his time repairing electronic equipment for the department and building or remodeling research equipment for faculty. When Jeff retired, he was servicing more than 100 computers, seven network printers, and a server. By then, assisting faculty with research involved writing programs to collect data.

Having an office and workshop in the basement of DeGarmo Hall over the years was not without drama. There was the flood when water pressure caused an explosion, and another flood from frozen pipes that burst. Then there were the security issues with people propping outside doors open or fiddling with locks in the basement.

Now, Jeff can relax and enjoy all his various interests. He is a member of a percussion group and also dabbles in electronic music; he assists with the research and publication of Central Illinois history; practices magician skills; and regularly works out in aerobics and jazzercise classes. A farmer at heart, Jeff volunteers with the Native Plant Society, a preservation organization, and keeps a large garden. Amidst all this activity, of course, Jeff finds time to play with his computers.

Photos from left, Jeff Imig, Gordon Redding, and Jim Johnson

GORDON REDDING

My wife says to tell her when I really retire! Although I officially retired from the University last May, I am continuing to build on my past research in the adaptability of the perceptual motor system and in the information-processing basis for visual illusions, especially for the well-known Müller-Lyer illusion. This year, I added a collaboration with Carl Turner of the State Farm Human Factors Group to look not just at the usability of Web sites, but also at the comprehension and memorability of the information displayed. Aside from my research, I am following my own advice to students that math skills are indispensable by refreshing my math skills with a four-semester sequence.

When I arrived at Illinois State in 1972, there were no computers in the Department of Psychology. The following year we were state of the art with one mini-computer that occupied an entire room. That was the beginning of streamlining data collection and analysis.

Over the years, I have seen a shift at Illinois State in the orientation of experimental faculty from neo-behaviorism to cognitive psychology. Recently, there has been a developing interest in the multi-disciplinary areas of cognitive science, and I was instrumental in creating the cognitive science minor. The department has always been an exciting and productive place to work. How could I give it all up?



And the winner is ...

JIM JOHNSON with 36 years at Illinois State! Few faculty have had the opportunity to impact as many students in their careers as

Jim. Jim taught more than 15,000 undergraduates in "General Psychology" alone. He taught more than 1000 graduate students in "Theories of Personality." Jim chaired or was second

committee member for more than 100 master's theses. As a staff psychologist at the Student Counseling Center for a number of years, Jim had an effect on many students there as well.

"Dr. J." as Jim was affectionately known by students, devoted considerable time to students outside the classroom, assisting in the Athletic Study Center, the Student Psychology Association, the Golden Key International Honour Society, and the psychology honors program. His service awards are manifold. Jim's research did not suffer, though, as he investigated parenting styles, worked on prediction of graduate performance, directed a field study for MCK-night Publishing Company, and was a research consultant for reading programs.

Jim is one of the longest-standing members of Noonhour Basketball at Horton and has no plans to retire that distinction. Neither will he give up tennis or fishing with University buddies or tutoring student athletes. In fact, Jim is even considering keeping his hand in at teaching "General Psychology." With a daughter in the Chicago area and a son in Kansas, Jim plans to stay put "in between." He welcomes messages at jjjohnso@ilstu.edu.



• PSYCH FACT! •

Fifty-one percent of students who earned bachelor degrees in May began their undergraduate careers at Illinois State and 49 percent were transfer students.



From the editor

How can we possibly put our professional selves, our program, and our advising information on the Web for students and not seem like a cold, heartless department? That was my reaction as a 30-plus year veteran used to lots of personal contact with students and piles of handouts.

Students are thriving on the Web, though! They actually read our advising updates, our faculty web pages, our information about clubs and scholarships, and more. I know because when I say something that is inconsistent with what is "out there," students will challenge me.

The Web is a gift! Students read about preparation for advising and are more likely to come to advising sessions with knowledge of the basic requirements and where they stand in relation to them. Advising time then can be spent mainly discussing students' career values and thoughts, what career

frames of reference might be reasonable to explore or pursue, and how to tailor an academic program for further career exploration or goals.

Students interested in research no longer have to summon the courage to timidly and naively approach a professor. They can look through faculty profiles, read about research in progress, and approach a professor prepared for discussion. Also, information about scholarships, clubs, and contacts is readily available rather than tacked on a wall somewhere students do not notice.

During this time of cutbacks that is difficult for both staff and students, time spent between staff and students becomes even more significant in making the educational experience enjoyable and meaningful. Who would have believed that computers in the academic setting would increase and enrich the interpersonal aspect of education? —J. Laurance

Keep in touch. Please help update our database by sending information to the editor, J. Laurance, Illinois State University, Department of Psychology, Campus Box 4620, Normal, IL 61790-4620; E-mail jalaura@ilstu.edu; or fax (309)438-5789, Thank you.

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