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PSY NEWS

DEPARTMENT OF PSYCHOLOGY

Summer 2011

Undergraduate news

By John Cooper Cutting

Our undergraduate program in psychology continues to be a thriving, popular major (with 519 majors). I'd like to extend the department's congratulations to the 116 psychology graduates this past spring 2010. We wish all of you well in your post graduate endeavors. I'd also like to extend our welcome to the 150 incoming freshmen and transfer students to the major.

Jory Sameulson was awarded the Walter Vernon Scholarship in Psychology (awarded to a sophomore psychology major who has excelled in an introductory psychology course and an introductory writing course). The Edwin A. Payne Memorial Award (awarded to a senior psychology major with excellent academic records and involvement in campus and/or community activities) was awarded to Ethan Van Norman. Van Norman was also a recipient of the 2009–2010 Robert G. Bone Scholarship (the highest undergraduate honor awarded to an Illinois State undergraduate) and is pursuing his post-graduate work in the school psychology doctoral program at the University of Minnesota. Continuing in this tradition, I am happy to congratulate Mary Beth Ryan, who was awarded the 2010–2011 Bone Scholarship (marking it five out of the last six years that a psychology major has received this honor).

Psychology majors continue to actively pursue out-of-class experiences. In spring 2010, 86 psychology majors presented 36 posters based on research projects conducted in collaboration with psychology faculty at the Illinois State Undergraduate Research Symposium. Our local chapter of Psi Chi and our Student Psychological Association continue to remain active organizations on and off campus. This year representatives from these groups visited Bloomington High School to speak with members of that school's psychology club for a Q&A session. The high school students were anxious to hear all about the different areas of the University's Department of Psychology and the many out-of-class opportunities offered to undergraduate and graduate students. The student groups also volunteered their time helping out at the Festival of Trees event benefiting the Baby Fold.

As a final note, I wanted to let you, our alumni, know that next year our psychology programs are undergoing their institutional program reviews. The department has instituted a number of changes in our programs since our last review. We'd like hear from you as part of the review processes. So please keep an eye out for a Department of Psychology alumni survey sometime within the next year.

News from the chair

On behalf of faculty and staff, let me say it is our distinct pleasure to keep in touch with you via the latest edition of Psy News.

I assumed the position of department chair in December 2010. I am delighted to have this opportunity, and look forward to working with faculty, staff, students, and alumni to continue the department's tradition of excellent teaching and outstanding research.



During the 2009–2010 academic year the department once again ranked among the top publishing departments within the College of Arts and Sciences. In addition our faculty continued to garner university acclaim: Patricia Jarvis received the Outstanding College Teacher Award, while Gary Creasey won both the Outstanding University Teacher Award and the Outstanding College Researcher Award. In addition to publications and awards, faculty continue to move forward in their careers. Joel Schneider was promoted with tenure to associate professor, and Dan Ispas joined our faculty as a new member of the industrial-organizational/social sequence.

The department is on the move, just as it was while you were here. We continue to push forward in our commitment to providing a high-quality undergraduate experience in practice, theory, and research, as well as intense, individualized graduate-student training. In addition we continue to sustain an open-minded scholarly environment that promotes excellence and a commitment to diversity. If you happen to be in town at some point, feel free to stop by, walk around the fourth floor of DeGarmo, and soak up the ambience of a dedicated faculty and staff. And if you see someone you remember, feel free to say hello. I'm sure it will make their day.

Best,
J. Scott Jordan, Ph.D.
Professor and Interim Chair
Department of Psychology

Department honors practicum/ internship supervisors

Karen I. Mark and Gary Cates, contributors

Alumni Day 2010 marked the fourth year that supervisor awards were given to outstanding professionals. Two awards were given to recognize this year's exemplary supervisors. These supervisors have displayed excellent supervisory skills and long-standing commitment to supervising psychology graduate students. Each supervisor was chosen due to his/her professionalism, leadership, and passion for his/her work. This year's awards were presented to Cory Baxter and Kelly Richardson McCraith.



Cory Baxter

Cory Baxter earned his bachelor's degree in 1999 and his master's in clinical psychology in 2001 from Illinois State. He is the director of Clinical Services at DeWitt County Human Resource Center in Clinton.



Kelly Richardson McCraith

Kelly Richardson McCraith earned her bachelors' degree in psychology in 1992 from Illinois State. She is a school psychologist at Tri-County Special Education Association (for McLean, DeWitt, and Logan Counties).

Alumni return for Homecoming event—Conversations with School Psychology alumni

Several alumni (spanning close to 20 years of the program) returned to campus during Homecoming 2010 to talk with current specialist and doctoral students. These alumni included Ken Cottet '63, John Canfield '63, Rivka Olley '75, Linda Multak '78, Margie Mohrhussen '78, and Greg Robinson '80.

Don't miss Alumni Day 2011

October 14, 2011

For more information about Alumni Day events, visit Psychology.IllinoisState.edu/alumni. We hope to see you there!

Distinguished Alumni Award

Kathleen J. Bieschke received her bachelor's degree in psychology in 1982 and a master's degree in Clinical Psychology in 1985 from Illinois State University. She then completed a



Ph.D. in Counseling Psychology in 1991 from Michigan State University. Bieschke is a professor of counseling psychology and the coordinator of the CEDAR Clinic at Penn State University.

The CEDAR Clinic provides vocational, personal, and educational counseling to students and "supervised clinical training to counselor education master's students and counselor education and counseling psychology doctoral students."

She is an active participant in the Center for Collegiate Mental Health and is interested in sexual and gender minority clients. Bieschke is particularly interested in the education and training of professional psychologists. She is associate editor for *Training and Education in Professional Psychology* and is a member

of the American Psychological Association's commission on accreditation.

According to Bieschke's vita she has more than 100 papers and presentations to state, regional, national, and international associations. She is the coauthor of the *Handbook of Counseling and Psychotherapy with Gay, Lesbian, Bisexual, and Transgender Clients* and has close to 40 publications in journals, including *The Counseling Psychologist*, *Journal of Marital and Family Therapy*, *Journal of Counseling Psychology*, and the *Journal of College Student Development*.

Bieschke is married to Daryl Gregory, a novelist, comic book writer, and part-time Web programmer. They have two children, Emma and Ian. The family resides in State College, Pennsylvania.

Early Career Achievement Award

John Pryor, contributor

Michael Olson received his bachelor's degree in psychology in 1997 from Illinois State University. He holds a Ph.D. in social psychology from Indiana University-Bloomington. He joined the faculty as an assistant professor at the University of Tennessee in 2004. In 2010 Olson became an associate professor. His research has focused on "the overlapping areas of attitude formation and change, implicit social cognition, racial prejudice, and intergroup relations." He is a fellow of the Society for Experimental Social Psychology, associate editor of the *Journal of Experimental Social Psychology*, and a member of the editorial board of the *Journal of Personality and Social Psychology*.



Olson has developed an international reputation in social psychological research. He has distinguished himself as one of the pre-eminent researchers in the scientific study of attitudes. Olson's career accomplishments are emblematic of the high quality education that Illinois State undergraduates receive in the scientific study of psychology. He represents the realization of what Illinois State undergraduates are capable of accomplishing. Olson resides with his wife Suzanne, and two children, Max and Emi, in the Fountain City area of Knoxville, Tennessee.

CLINICAL-COUNSELING PSYCHOLOGY

Karen I. Mark, contributor

We have 32 students in the program, and we continue to receive applications from strong individuals with diverse experiences and backgrounds. Among the 12 students admitted for fall 2010 is Meera Afzal, who joins us from Pakistan as a recipient of the Fulbright Scholarship. The rest of the students in this year's entering class hail from undergraduate institutions in Illinois, Indiana, Missouri, Iowa, Kentucky, and Nebraska.

Congratulations to our graduates! Sarah Altergott, Scott Baird, Jamie Hansen, Angela Phillips, and Robin Van Herrmann earned their degrees in May 2010; Rachele Bauer, Nora Bunford, Jennifer Hall, Courtney Lee, Brittany (Bachman) Ott, Nona Philippe-Albrecht, and Sarah Welte earned their degrees in August 2010; and Megan Catlin earned her degree in December 2010. We welcome them to our growing list of clinical-counseling alumni, and we wish them success as they continue their professional pursuits.

The fall 2010 Alumni Day events held by the Psychology Department featured two honorees with connections to the clinical-counseling area. Kathleen Bieschke was the recipient of one of the two Alumni of the Year awards. Bieschke earned her B.S. in psychology from Illinois State in 1982, her M.S. in clinical psychology from Illinois State in 1985, and her Ph.D. in counseling psychology from Michigan State University in 1991. She is a professor of counseling psychology at Penn State University. As part of the Alumni Day events, she delivered a colloquium on "Trainee competence to work with sexual minority clients: The role of affirmation."

Cory Baxter, who earned his B.S. in psychology in 1999 and M.S. in clinical psychology in 2001 from Illinois State, was honored with this year's Practicum Supervisor Award in Clinical-Counseling Psychology. Since completing his master's degree, Baxter has been working at DeWitt County Human Resource Center in Clinton. Throughout his time at the agency, he has been supervising clinical-counseling students while serving in his roles as family therapist and clinical director.

We continue to be grateful for our strong partnerships with community agencies that provide valuable training practica for second-year clinical-counseling students. In 2010–2011, we are pleased to have established two new practicum sites: Decatur Memorial Hospital Wellness Center in Forsyth, and Urbana School Health Center. At the latter agency, Amber Dowers, M.S. '05 clinical-counseling psychology, initiated development of this new placement and is supervising one of our students.

We also were delighted to have re-established practicum placements at The Baby Fold and at Mental Health Centers of Central Illinois–Springfield.

The agencies where other students are completing their practica are Chestnut Health Systems, DeWitt County Human Resource Center, Heritage Behavioral Health Center, and Institute for Human Resources.

In addition, six of the 12 first-year clinical-counseling students are completing pre-practicum internships at Catholic Charities, Chestnut Global Partners, and Chestnut Health Systems.

We appreciate the contribution of all of these agencies in providing clinical experiences and graduate assistantships for students in our program.

In last year's newsletter we reported the deployment to Iraq of one of our second-year students, Katt (Katherine) Kereszturi. During her yearlong mission, Kereszturi provided mental health services to troops stationed in Iraq, along with training military personnel in the delivery of a variety of assessment and treatment services. We are pleased to announce that Kereszturi completed her assignment safely, and we commend her on her year of special military service. We welcome her back to the program in spring 2011, as she is completing her remaining course work and resuming her practicum placement at the Institute for Human Resources.

Clinical-Counseling (continued)

Karen I. Mark, contributor

We are pleased to announce that Joel Schneider was awarded tenure in 2010. Schneider has been a valued



faculty member of the Department of Psychology, where he holds appointments in both the clinical-counseling and quantitative areas. During his years with the department, Schneider has taught undergraduate sections of Reasoning in Psychology Using Statistics and

graduate courses in Psychodiagnostics I and Theories and Techniques of Counseling: Adults. He also has supervised numerous research projects addressing a variety of topics with both undergraduate and graduate students.

In spring 2010, Al House piloted a skills-training group in dialectical behavior therapy (DBT) that was held in the Psychological Services Center on campus. In this weekly group, individuals in the community supplemented their ongoing therapy sessions with area practitioners with the DBT skills that they learned in the group: mindfulness meditation, distress tolerance, and emotional regulation. These skills were taught to participants by House and by a select group of clinical-counseling students, who earned academic credit for their experiences through a newly created seminar course. This pilot venture was so successful that the group was offered again in summer 2010, fall 2010, and spring 2011. Second-year students Erica Behrens and Teresa Young—both of whom have participated in each of the training groups offered to date—are earned independent study credit in spring 2011 for supervising several first-year students who are beginning their skills training experiences. These groups represent exciting professional development opportunities for clinical-counseling students while providing valuable service to members of the community.

In 2009–2010 a brown bag series was launched in the Department of Psychology to allow faculty the opportunity to share information about their areas of interest with colleagues and students. In November 2009 Ray Bergner presented at the first of these brown bag sessions. At this event Bergner discussed his journal article on a reconceptualization of trauma from a reconstructed world view. This presentation drew upon the descriptive psychology and status dynamics approaches to therapy that represent Bergner's particular area of expertise. At his brown bag session in March 2010, Jeff Kahn presented on hierarchical linear modeling, an emerging research methodology that he studied in depth during his sabbatical a year earlier. In addition to reporting on this approach to analyzing data, he described research projects with graduate students that have utilized this technique.

Dawn McBride, contributor

New faces and goodbyes

Five new CBS students joined the sequence this year from a strong applicant pool. Andrew Baker, Drew Abney, and David Vinson from Illinois State University; Brandon Thomas from Purdue University Calumet; and Douglas Schuweiler from University of Illinois at Champaign-Urbana all joined the CBS sequence last fall. Christopher Sorric, Amanda Padgitt, and Kelly Wystarczyk all successfully defended their theses and graduated from CBS.

Impressive visitors

The CBS sequence hosted an impressive group of guest speakers in the past year. Hosting guest speakers provides opportunities for faculty and students in our department and across campus, to interact with scholars. In the spring, visitors included Robert Bishop of Wheaton College and William Klipec of Drake University. In fall, visitors included David Uttal of Northwestern University, Jay Smart of Miami University in Ohio, and CBS graduate Charles Coey of the University of Cincinnati. Joseph Magliano of Northern Illinois University also presented a webinar to the CBS group. The Institute for Prospective Cognition (lead by CBS faculty member J. Scott Jordan) also hosted artist Tomie Hahn of the Rensselaer Polytechnic Institute and musician Noah Earle in the fall. Speakers and topics for the CBS sequence can be viewed at Psychology.IllinoisState.edu/cbs/prosem.shtml. We are grateful to financial contributions from the department, college, and university, which make these visits possible.

Conference hosts

CBS faculty hosted two conferences in Normal this year: the 4th Annual Illinois Data Conference (hosted by Dawn McBride and Jeff Wagman) in June and the meeting of the International Society for Ecological Psychology (hosted by Jeff Wagman) in July.

New addition to CBS family

We are delighted to welcome a recent addition to the CBS family. In August 2010 Dawn McBride and Jeff Wagman welcomed their first child, Connor James Wagman.



Psychology donor roll 2010

We have tried to ensure accuracy. If your name has been omitted, misspelled, or incorrectly listed, please accept our apologies and contact the editor, Raz Steward at rlstew2@IllinoisState.edu.

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SCHOOL PSYCHOLOGY

Goodbye/Hello to our graduate programs secretary

Nancy Nickerson said goodbye to the Department of Psychology in November 2010 to take a position at the University Assessment Services Office within Illinois State. The department will miss her, and we wish her well in her new position. We are delighted to announce the graduate programs secretary position has been filled by none other than our very own Suzanne Ferrara. Ferrara has been with the department for the last 15 years, and we are very excited to see her transition to the graduate office.

Well-rounded training in applied practice

Brenda Huber, contributor

We learn by example and by direct experience because there are real limits to the adequacy of verbal instruction.

—Malcolm Gladwell

The Psychological Services Center, now officially known as the Stanley S. Marzolf Center for the Psychological Assessment and Treatment of Children and Adolescents, serves as the hub of clinical training for the department of psychology. Graduate clinicians begin their training in applied practice by receiving instruction in the classroom, followed by opportunities to observe new skills being modeled. After ample opportunities to practice skills on one another and on willing volunteers, as well as receiving guidance and feedback from more advanced clinicians and faculty, they are deemed competent to exercise their training with the public. Within the clinic setting, graduate clinicians perform comprehensive assessments of individuals of all ages, carefully preparing recommendations to improve client functioning in academic, social, emotional, and behavioral domains. Within two programs, they provide direct assistance to children and adolescents along with consultation to parents and teachers. One, the Academic Intervention and Consultation Service, focuses on remediating academic skill deficits while the other, the Child Adolescent Intervention Service, offers therapy for students experiencing distress. All of these services are closely supervised by faculty members of the psychology department who foster the development of the clinicians. In addition, data is gathered to further refine service-provision and to contribute to the body of literature regarding applied practice.

Mark Swerdlik, contributor

There are 53 students enrolled in both the specialist and Ph.D. programs. In fall 2010 there were 10 entering students. Six enrolled in the specialist program and four in the doctoral program. Entering students represent a number of institutions including Loyola University, Bradley University, Western Illinois University, University of Wisconsin, Benedictine University, Southern Illinois University—Edwardsville, and Illinois State University.

Currently four specialist and four doctoral students are on internships. Specialist interns are working at Lisle Community Unit School District, Woodridge District 68, Wheaton-Warrenville CUSD 200, and North Shore School District 112. Doctoral students are interning with the University of Tennessee Health Sciences Center, Northern Suburban Special Education District, Livingston County Special Services Unit, and Division of Rehabilitation Evaluation Services at the University of Illinois/Urbana School District. The latter four sites are all part of the Illinois School Psychology Internship Consortium (ISPIC). All doctoral internships are APA accredited. As always we appreciate the guidance that alumni of the program provide to students that they supervise in the field.

Audrey J. Grupe Fellow in School Psychology selected

Allison Hanna was named the eighth recipient of the Audrey J. Grupe Fellowship in School Psychology. Hanna is a first-year student in the specialist program. She received her undergraduate degree from the University of Illinois at Urbana-Champaign and hails from Columbia. Past Grupe Fellows have included Amir Jacob, Brian Spicer, Jennifer Wierzbicki, Claire Delahunt, Rebecca Skupien, Kristin Miller, and Alison Tomchik. The fellowship includes a full tuition waiver and a monthly stipend. The Department of Psychology would like to thank Audrey Grupe and cofounder Mary Jane McCarthy for funding the fellowship and contributing to the future generations of school psychology students.



Passages

Congratulations to our largest group of new doctoral graduates, Beth Casper, Sara Harris, Julie Herbstrith (Keenan), Sarah Steinkamp Bergthold, and Kristal Shelvin

Babies: Trisha Mann welcomed a girl this past year.

Weddings: Tara Dickey Perkins, Ashley Whittington

National awards: Doctoral student Anna Schumacher Hickey was awarded the prestigious Hyman-Lambert Scholarship from the American Academy of School Psychology and a NASP School Psychology Advocacy Award for Student Leadership for her work with the Graduate Association of School Psychology.

Katie Hartman and Dan Gadke are recipients of University Club Scholarships

Trisha Mann received the Ora Bretall Fellowship.

Congratulations to all!

Saying goodbye

It is with sadness that we note the passing of Jim Agner, one of Illinois State University's most distinguished school psychology alumni. Jim, a 1961 master's degree graduate, was an administrator with the Illinois Office of Public Instruction in the early years of school psychology in Illinois and later a long-time director of Four Rivers Special Education District. Information about Jim's distinguished career was noted on page 74 of the *History of Psychology at ISU* monograph at Psychology.IllinoisState.edu/alumni/publication.pdf.

Corrine Zimmerman, contributor

Gary Creasey is a grant coordinator of the TEACHER+PLUS grant that has been funded by the U.S. Department of Education. This \$24 million dollar grant, in partnership with the Chicago Public Schools, is designed to train Illinois State students to work in underserved public school and community settings. As the assistant director of the project, Creasey is responsible for training faculty to redesign their undergraduate courses to assume an urban focus and facilitate the ability of Illinois State students to effectively work in underserved communities. Most critically, Illinois State graduates will be tracked into their professional occupations to determine if their undergraduate training has had a sustained influence on the academic and social-emotional outcomes of the individuals they work with as well as their own career development.

Roció Rivadeneyra has been serving as the interim director of Latin American and Latino/a Studies this year. In this role she has coordinated the events of Latino Heritage Month in October. The Cultural Dinner on October 26 featured Tony award winning Lin-Manuel Miranda, creator, composer, and star of *In the Heights*. Other events included a community panel featuring members from Latino serving community-based organizations, including Enlace Chicago and Western Avenue Community Center. The Department of Psychology cosponsored an event with Federico Subervi from Texas State University-San Marcos, who spoke about Latinos and mass media.

Faculty awards

We are pleased to report that two of our developmental faculty members have received recognition for their accomplishments.

Patricia Jarvis received an award for Outstanding College Teaching in the College of Arts and Sciences for 2010, and Gary Creasey received two awards: Outstanding College Researcher in the College of Arts and Sciences for 2010 and the University Outstanding Teacher Award for 2010. These competitive awards recognize faculty who have demonstrated a history of teaching and research excellence at Illinois State.



In remembrance

It is with sadness that we report the passing of Margaret Waimon. She passed away October 12, 2010, in Stuart, Florida. Waimon taught at the University from 1962–1980. Many will remember her teaching Developmental and Educational Psychology. Waimon was a world traveler and lifelong student. She was active in many causes, including Planned Parenthood, The Rape Crisis Center, and Democratic Politics. Our condolences go out to her family. She will be missed.

Illinois School Psychology Internship Consortium: Fostering learning for students, interns, supervisors, and practitioners

Brenda Huber, contributor

By learning you will teach, by teaching you will learn—Latin Proverb

The 2009–2010 training year brought about many wonderful learning opportunities within the Illinois School Psychology Internship Consortium (ISPIC). ISPIC, an APA-accredited internship program sponsored by Illinois State University, Loyola University Chicago, Northern Illinois University, and National Louis University, trains approximately 20 school psychology interns within 18 schools, hospitals, and agencies across central and northern Illinois each year. These interns each serve, on average, more than 100 children and adolescents removing barriers to learning and promoting academic, social, emotional, and behavioral outcomes.

In an effort to raise funds to sustain the program, Illinois State University hosted two Intervention Showcases which were very well received by practitioners in central Illinois. In addition to key note addresses from Christine Malecki from Northern Illinois University and Caryn Curry from the Illinois Children's Mental Health Partnership, interns presented to participants the theoretical underpinnings of a curriculum, the research support available for its efficacy, and their experience using the materials with students. Practitioners are eager to explore these programs with a strong evidence base and implement them with the children in their care.

In addition to providing continuing professional development to practitioners, a new initiative for ISPIC this year involves providing resources and camaraderie for the 30+ ISPIC supervisors. Using a combination of face-to-face meetings, an online discussion group, and periodic teleconferencing, supervisors have the opportunity to discuss how they navigate the complex administrative and clinical challenges they face. In addition, university faculty and supervisors exchange the most current research in effective supervisory practices. Supervisors are under tremendous pressures in these difficult economic times, and ISPIC is making a concerted effort to support the dedicated professionals that assume this responsibility which is a core component of the quality training ISPIC provides each year.

The incoming 18 interns will also benefit from a new training seminar this year regarding our role as practitioners in influencing public policy regarding children's education and mental health. The Illinois School Psychologist Association's lobbyist will partner with the governmental relations personnel at Hope Institute to prepare interns for a visit to the capital building which will involve meetings with law makers and observations of the legislative branch in action. As ISPIC interns enter the work force influencing the lives of children and families in the context of a variety of systems, we hope to inform and inspire one another to act as systems change agents, infusing practice with science, whether it be at the micro- or macro-levels.

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