



Psychogram

Newsletter of the Department of Psychology at Illinois State University

Volume 5 • Spring 2005

Psychology Department Hosts International Consciousness Conference

Since 2001, Scott Jordan and Dawn McBride have been discussing the possibility of hosting an international interdisciplinary conference focused on integrating concepts of consciousness

across such disciplines as psychology, philosophy, computer science, and physics. The result of these discussions was "The Concepts of Consciousness: Integrating an Emerging Science,"

held November 15–17, 2004. Not only did one of the world's leading consciousness scholars, Bernard Baars of the Neurosciences Institute in San Diego, deliver the keynote address on treating consciousness like any scientific construct, but scholars from Germany, the Netherlands, Switzerland, Italy, and Canada held lively conversations about the concepts of realism, intentionality, self, representation, control, information, attention, and memory with scholars from institutions such as Illinois State, Texas Christian, Cornell, the University of Connecticut, and the University of California-Irvine.

Jordan, who edited a 1999 book called *Modeling Consciousness Across the Disciplines*, worked with McBride to model this conversationally oriented conference after some of the European conferences he had attended. "Consciousness is explicitly interdisciplinary," said Jordan. "However, the common concepts of consciousness hold different meanings in different disciplines." Sam Catanzaro, associate dean of the College of Arts and Sciences, remarked, "I was impressed with the intellectual excitement created by this event. It's a great example of the power of transdisciplinary conversations."



Bernard Baars and Scott Jordan

Illinois State Among World's Most Productive in Counseling Psychology Research

An article being published in *The Counseling Psychologist* in May 2005 documents the most productive universities worldwide in publishing research in four top counseling psychology journals. The authors examined all issues of *The Counseling Psychologist*, *Journal of Counseling Psychology*, *Journal of Vocational Behavior*, and *Journal of Counseling and Development* between 1993 and 2002. As expected, almost all of the top-ranked institutions (37 out of 40) housed APA-accredited counseling psychology doctoral programs. Only three without a doctoral program made the list, including Illinois State University, which ranked higher than half of the departments with doctoral programs.

Of the colleges and universities in the world without an APA-accredited counseling

psychology program, Illinois State ranked third in publishing in counseling psychology journals. Twelve articles by Illinois State psychologists appeared in the journals analyzed for the study and the authors included faculty with backgrounds in clinical, developmental, social, and quantitative psychology. In addition, over 40 percent of these articles included Illinois State University students as coauthors. Gary Olson, dean of the College of Arts and Sciences, remarked, "Professors in the Department of Psychology are to be commended for the remarkable job they are doing. Not only are they producing top-quality research, but they are also taking the time to engage undergraduate students in their research—a quality that separates Illinois State from most other public research institutions."

Alumni Take on Leadership of Psychology Organizations

Nancy Metzler Peterson, M.A. '76, has long believed that one must be involved to be part of the solution, not the problem. Her first foray into school psychology leadership was during her internship when her supervisor took her to a West Suburban School Psychologists Association (WSSP) meeting. Not being shy, she quickly found herself newsletter editor. It was a very exciting time as the seeds for the birth of the Illinois School Psychologists Association (ISPA) were just being planted. Peterson wanted to make sure the word got out about ISPA, and got out correctly. Later, as secretary of WSSP, she found herself at the "declaration of independence" meeting in Normal where a group of school psychologists agreed to forge forward and form an association separate from the Illinois Psychological Association (IPA). Her momentum led her to leadership roles in ISPA, which further led her to six different leadership roles in the National

Association of School Psychologists (NASP) which continue to this day. She has also twice provided new leadership orientation to NASP and has served on budget and finance and fiscal advisory committees for both NASP and ISPA.

Peterson has reaped many rewards over the years through her volunteerism, citing "pride in the growth of organizations, the incredible friendships, the spirited debates, the knowledge I have gained, and so many other intangibles." She has also learned that across the country, school psychologists share the same frustrations and joys, noting that her professional involvement "takes me out of the nine-to-five box and allows a much bigger perspective about what is really important."

Peterson is by no means the only NASP leader with connections to Illinois State's School Psychology program. Professor Steve Landau has been co-chair of the Research

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From the Chairperson

It's been a newsworthy year in the Psychology Department, as you'll see throughout this edition of the *Psychogram*. Many of the faculty have been honored by our university and our profession. Joining us this year are two new faculty members, Joel Schneider in Clinical-Counseling and Gary Cates in School Psychology. Rejoining us is former chairperson Larry



Alferink, who served five years in central administration. We are in the midst of recruiting a coordinator of the Clinical-Counseling program, which will bring us up to full strength. We also have a new dean of the College of Arts and Sciences, Gary Olson. One of his many innovations should be of special interest to alumni, the weekly *CAS News*, published online at news.cas.ilstu.edu.

Program reviews are a major activity this year. The School Psychology program is reviewed frequently, most recently for NCATE (National Council for the Advancement of Teacher Education) and NASP (National Association of School Psychologists). This year, the Ph.D. program and our new doctoral internship program are both going through the APA (American Psychological Association) accreditation process. In addition, four of the department's programs are going through an internal state-mandated seven-year review: B.A./B.S. and M.A./M.S. in psychology and SSP and Ph.D. in School Psychology. As part of this process, and as part of my reappointment as chairperson for another five years, the department held a full-day retreat last spring, from which emerged a departmental strategic plan.

A highlight of the year for me was the international Concepts of Consciousness Conference in November organized by faculty members Scott Jordan and Dawn McBride. There was ongoing discussion for two-and-a-half days about how different disciplines can continue to share and possibly integrate their work on consciousness. Papers ranged from the early philosophical psychology of Brentano by Liliana Albertazzi of Trento University to the latest findings in cognitive neuroscience. (Did you know that "Bill Clinton cells" have been found in some people's hypothalami? They only respond to pictures of Bill Clinton!) I want to extend thanks to

our alumni; from your gifts to the department, we were able to contribute to the support of this conference. Our gift and comparable support from the University's Fell Trust Foundation and the College of Arts and Sciences enabled us to attract a matching grant from the Mind Science Foundation. Ours was one of two international conferences that they funded in 2004.

Alumni Day 2004 had modest attendance. Please consider joining us next year; Alumni Day 2005 will be held October 7. See www.psychology.ilstu.edu/alumni in September for details regarding the day's activities. I invite you to visit this Web page and the rest of our redesigned Web site: www.psychology.ilstu.edu/.

Mark Swerdlik and I have begun discussions of how psychology should celebrate the University's sesquicentennial anniversary in 2007. It will also be the 40th anniversary of the founding of the Department of Psychology. We have made contact with the library to identify some old materials to display. We would like to invite alumni and retired faculty members to join us on a committee to plan for this historical event. We hope to have representation for every program and every decade, especially from those early graduates of the 1960s.

On behalf of the faculty, staff, and students in the department, I extend our gratitude to those of you who have contributed to the annual fund or directly to the department. We include below an Honor Roll of Donors for 2003–04. We continue to be able to supplement our limited general revenue funds for many departmental enhancements. I mentioned the Concepts of Consciousness Conference above, and Mark Swerdlik mentions various School Psychology functions on page 8. Other enhancements supported by your donations this past year included student recruitment and orientation events, faculty recruitment, travel for conference presentations by our junior faculty and graduate students, honoraria for our speaker series, Alumni Day, and this newsletter. We are still trying to build our funds sufficiently to redecorate the fourth floor of DeGarmo Hall. We have estimates for the work to be done but have a long way to go to be spruced up for the 150th anniversary celebration.

David Patton Barone

Developmental-Educational Psychology

We have had a change in sequence coordinator this year. Pat Jarvis stepped down as sequence coordinator to focus on her role as the department's graduate coordinator. Marla Reese-Weber is now serving as the sequence coordinator and continues to serve as professional practice coordinator and our representative for teacher education.

Jarvis recently gave two presentations at the Inaugural Meeting of the International Society for the Scholarship of Teaching and Learning. Douglas Hardwick has also been involved in the Scholarship of Teaching and Learning. He gave presentations on lecture hall activities at *Partnerships for Teaching and Learning: A Campus-Wide Symposium* here at Illinois State as well as at the 11th Midwest Institute for Students and Teachers of Psychology.

Congratulations to Rocío Rivadeneyra and Gregory Braswell on the birth of their daughter this past May. We are all looking forward to watching her "develop" over the years. In addition to their personal accomplishments, Braswell had a paper accepted to the *British Journal of Developmental Psychology* and Rivadeneyra has recently had a paper accepted to the *Journal of Adolescent Research*, received a University Research Grant, and received a Service Initiative Award.

Alycia Hund and Renée Tobin also received University Research Grants this past year. Alycia Hund has a publication in *Cognitive Psychology* and has also presented her work at several national conferences during this past year. She is also a faculty fellow for Faculty Technology Support Services at Illinois State for her work on enhancing classroom instruction through the Web. Tobin has a publication in *Psychological Science* and has given several presentations at national meetings and two invited talks over the past year.

Gary Creasey has been appointed to the editorial board of *Personal Relationships*. His textbook entitled *Research Methods in Lifespan Development* is now in the production phase. We also have a new webmaster for our sequence—Corinne Zimmerman. We have been working to update our Web pages, specifically the alumni page. Please visit our Web site and send us your updates.

Many of us will be presenting our research at the 2005 Society for Research in Child Development Biennial Meeting, held April 7–10 in Atlanta, Georgia. We hope to see you there!

Alumni Day

Distinguished Alumni

Amy Shelton '93 is an assistant professor and director of undergraduate studies in the Department of Psychological and Brain Sciences at Johns Hopkins University, where she holds a joint appointment in the Department of Neuroscience. After graduating from Illinois State University in 1993, she earned her M.A. and Ph.D.



Alycia Hund, Amy Shelton, and Gordon Redding

in cognitive psychology from Vanderbilt University and completed a post-doctoral fellowship at Stanford University. She received a National Research Service Award in 2003 from the National Institute of Mental Health for *Functional Magnetic Resonance Imaging of Spatial Memory*. Her research interests include spatial cognition, spatial skill development, perceptual categorization, false memory generation, and functional neuroimaging. She will receive the Illinois State University Outstanding Young Alumni Award on April 9, 2005.

Russell Hagen, M.A. '80, is chief executive officer of Chestnut Health Systems, a provider of a comprehensive array of behavioral health care services including mental health, substance abuse, employee assistance programs and applied behavioral health care research. He is a member of the project staff of the Behavioral Health Recovery Management Project funded by the Illinois Office of Alcoholism and Substance Abuse, which is studying the application of disease management concepts to addic-



Russell Hagen and David Barone

tion and mental health treatment, and methods of bringing what is learned in research to actual practice in the field. He has over three decades of experience as both a direct service provider and administrator and has built Chestnut into a thriving organization providing employee assistance programs all over the world. Hagen, an ordained United Methodist minister, has served on the boards of directors of the Illinois Alcoholism and Drug Dependence Association for over 20 years and the National Association of Addiction Treatment Providers.

Distinguished Non-Tenure-Track Faculty Member

Cathleen Campbell-Raufer '78 was honored for her contributions to the Psychology Department over the last 18 years. After graduating from Illinois State with a psychology major, she earned an M.A. in experimental psychology and a Ph.D. in cognitive psychology, both from Loyola University in Chicago. Since 1986, she has taught 11 different courses including laboratory in research methods, motivation, learning, and senior seminar. She also served as an academic advisor for psychology majors for three semesters.



Larry Alferink and Cathleen Campbell-Raufer

Second Audrey J. Grupe Fellow in School Psychology Selected

Jennifer Wierzbicki, an entering specialist student from Marquette University, is the second recipient of the Audrey J. Grupe Fellowship in School Psychology. The funding includes a full tuition waiver and a monthly stipend equivalent to a graduate assistantship. School Psychology faculty wish to thank Grupe and her friend Mary Jane McCarthy, a former social worker in the Bloomington public schools, for funding the fellowship and contributing to future generations of school psychology students.

Don't miss Alumni Day 2005!

Friday, October 7, 2005

It is always on the Friday of Homecoming week.

Who will be named the 2005 Distinguished Alumni?

If you want details regarding Alumni Day, please e-mail psychalumni@ilstu.edu



From left, Jennifer Wierzbicki talks with Audrey Grupe and Gary Ramseyer.



From left, Jennifer Wierzbicki, Audrey Grupe, Mary Jane McCarthy, and Brian Spicer.

Psychology Internships Growing

Professional practice internships provide opportunities for junior and senior psychology majors to earn academic credit for field-work experience, relevant to their major, in the community. These internships tend to be mutually beneficial, as the students gain valuable work experience related to psychology, and the participating organizations receive assistance from motivated, enthusiastic students. This win-win situation gives psychology majors the opportunity to see what they have been learning in the classroom come to life as they apply this knowledge in their internship experiences. Internships typically allow students to clarify their career goals and better prepare for either employment or advanced study after graduation. Occasionally, students make such an impression in their professional practice experiences that they are offered employment at their internship sites.

Over the years, Illinois State psychology students have participated in a wide variety of internship experiences in different settings. By far the most popular of these internship sites has been PATH (Providing Access To Help), a 24-hour crisis hotline that also serves as a telephone resource for support, information, and referrals in the community. Students receive thorough training, after which they field phone calls from a wide array of people seeking help—including individuals contemplating suicide. Each semester, the training director at PATH reiterates that, as a group, the psychology majors at Illinois State turn out to be the best volunteers she encounters.

As the number of undergraduate psychology students pursuing professional practice has grown, so has the diversity of settings sponsoring such internships. PATH, The Baby Fold (residential treatment center for children, child welfare, adoption services, and foster care), Project Oz (youth and family interven-

tion), and Catholic Charities (youth and family intervention) have traditionally been the most popular among psychology interns but students are increasingly seeking experiences in other settings and cities. Here are a few recent examples:

- In her internship with the DeGarmo Group, Inc., in Bloomington, Cheri Kubitz '03 helped develop a personnel selection test designed to reduce voluntary employee turnover. This involved job analysis research, job observations, and focus group meetings prior to writing, piloting, and refining test items.
- Natasha Nunoo '04 assisted in the admission and release of juvenile detainees, screened to determine the necessity for secure detention, and provided guidance and support to detainees at the McLean County Juvenile Detention Center.
- For the Department of Veterans Affairs in Peoria, Larry Kennedy '04 provided veterans with community outreach, readjustment counseling, and psychosocial evaluations related to post-traumatic stress disorder.
- Christopher Morrell '04 assisted in admission, treatment planning, group therapy, and activity therapy with patients having a variety of psychiatric disorders in the Behavioral Health Program at St. Mary's Hospital in Decatur.

Students value the internship experience. Abbie Scott '03 said of her internship at Project Oz, "My interactions with children and their families have really opened my eyes to the difficulties they face on a regular basis. The most interesting aspect of my experience is really seeing how certain parts of my psychology coursework do indeed relate well to my internship activities. If I had not chosen to pursue this internship, I might still be wondering why and how so much information that I have learned in my undergraduate psychology courses could be applied to a helping profession."

Courtney Miller '04, who interned at The Baby Fold, explained, "My internship was important in allowing me to express abilities such as self-awareness, sensitivity to others, interpersonal communication skills, and creativity—abilities that are not always recognized in traditional classes. Through my internship, I

was able to gain a sense of direction and self-confidence about the work I eventually hope to do, which was the most rewarding aspect of my experience."

During fall of 2004, the Moriah Foundation in Normal sponsored three internships. Students co-facilitated client groups, observed intake procedures, and participated in case management meetings and MMPI interpretation sessions. The integration of both psychological and spiritual approaches to addressing

client issues makes this internship unique. Even more noteworthy is that this organization was founded in 1997 by psychology graduate Brent Hanson, M.S. '92, who had been in private practice and


sought to integrate spirituality with sound psychology. Hanson said that sponsoring the internships has been "a great experience for us working with both undergraduate and graduate students." This is one example of how psychology alumni can give back to the Psychology Department by providing educational opportunities for current students.

Traditionally internship credit has been earned exclusively through the work students perform at their internship site. However, a professional practice seminar for students doing internships is now offered as an alternative to the senior seminar traditionally taken by psychology majors. All the students in the professional practice seminar are currently doing an internship. They learn to apply empirical findings from psychological research to address issues they encounter in their internships.

The department has worked to make psychology majors more aware of internship opportunities and their benefits. Due in part to increased publicity such as e-mails to all psychology majors and Web sites related to the internship process, the number of psychology interns has increased dramatically. Students had been limited to one semester of participation for credit at a particular site but now are encouraged to continue at the same organization and receive additional internship credit for subsequent semesters. This change has allowed students to deepen their knowledge as they have been able to continue with client contacts or work projects for greater periods of time. The number of psychology majors

More than 50 psychology majors completed an internship in each of the last three years.

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Alumni Profiles

Did you know that the majority of Illinois State's psychology alumni are not psychologists? Here is a look at what three of them have done after graduating:

Julie Robinson '90 is an attorney for MCI Communications in Chicago. She had an interest in law even before she started at Illinois State but she also had a strong interest in psychology so she pursued it as her major. She earned her J.D. from Emory University School of Law in Atlanta in 1994. She said that studying psychology at Illinois State led to "learning how the human mind works, what motivates people to behave the way they do and to learn to look beyond the surface of what is being done or said to see what the true issue is. These skills are invaluable to me in my day-to-day activities."



Recalling her days as a psychology major, Julie said, "John Pryor was my favorite psychology professor. He was one of the first professors who challenged me and would not accept any less than my best. I remember I was in one of his classes as a freshman or sophomore and was very disappointed at the grade I received. It was a good grade but not what I expected. The next year, there was a class I really wanted to take but when I found out Professor Pryor was the instructor I was not going to take it. I decided I was going to take that class and do my very best to get the grade I thought I should have received in the previous class and I did. I took several more classes with him and still admire his knowledge and dedication to enlightened students and encouraging them to go the extra mile."

Stuart Robershaw, M.S. '68, also known as Dr. Humor, is president and CEO of the National Association for the Humor Impaired (www.drhumor.com). After earning his master's degree from Illinois State, he continued his education with an Ed.D in special education from the University of Kansas and a J.D. from the University of Wisconsin. He has worked as an attorney, an administrative law judge, and as a special education professor at the University of Wisconsin-La Crosse from 1971 to 1998. He began his career as a professional speaker in 1990 and continues to this day; he gave the keynote speech at Illinois State University's 2000 Homecoming kickoff luncheon. He said his graduate program in psychology "allowed me to learn by observing master teachers in action as they lectured and demonstrated powerful techniques in communicating with an audience. In my work as a comedian, I use many of strategies I learned as a graduate student simply as a result of observing great teachers in action."



He recalled, "There are two psychology professors at Illinois State that stand out in my memory as dynamic professors—Skip Lemke and Walter Friedhoff. They were both warm and humanistic individuals who were powerful and effective lecturers in the classroom. Both had a great sense of humor. In addition, they both communicated a keen interest in the development of graduate students, which made us all work that much harder so that they would be proud of our accomplishments."

Lisa Evoy '85, manager of professional relations for the Diabetes & Metabolics Franchise of Abbott Laboratories, has donated consistently to the Psychology Department for over a decade. She explained, "I continue to support the Psychology Department because I feel that the education that I received at Illinois State was outstanding. The knowledge and skills I acquired as a psych major have carried over into my work life. I believe that a degree in psychology provides a valuable foundation for a variety of career choices and I am grateful for all of the time, commitment, and dedication that I received from the Psychology Department." Evoy's employer matches her annual gift.



While Evoy has not worked directly in the field of psychology since she began her career in the pharmaceutical industry as a sales representative 17 years ago, she has recognized that the education she received at Illinois State has served her well. "The courses that have helped me the most were experimental psychology, physiological psychology, I/O psych, and social psychology. My psych major, combined with the courses I took in biology and communications, provided me with a strong foundation as I entered the workforce." Looking back on her years at Illinois State, she recalled, "I had so many wonderful professors and all of them brought a new perspective to my field of study." Leonard Schmaltz and Macon Williams stand out in her memory.

The Psychology Department expresses its gratitude to Evoy and the many other donors who donate large or small amounts to keep improving the learning experiences of future psychology students at Illinois State.

Psychology Internships, *continued from page 4*

participating in internships during the last three years equals the number for the previous eight years combined.

As demand for internships increases, there is a corresponding need for internship sites. The department is interested in expanding internship sites at both clinically focused and other types of organizations. Increasing the number of internship sites will allow psychology majors with varying interests in the field an opportunity to gain valuable, "hands-on" experience.

How can alumni assist in providing such valuable learning experiences to today's students? One way is by sponsoring a professional practice experience for one or more interns in your workplace. This past fall, 85 percent of professional practice experiences were unpaid. Students are looking for experience in applying their knowledge of psychology. Getting paid for the experience is certainly appreciated by the students but is not expected. Opening your workplace to interns is an opportunity to help students as well as to give back to the Psychology Department. It may also provide

your organization with free or low-cost, well-educated labor for a limited time.

Do you think you can't sponsor an internship site because you are far from Bloomington-Normal? Many students would prefer a professional practice experience back home during the summer. Home may be in the Chicago or Springfield areas, in small towns across Illinois, or in different states. If you would like more details about sponsoring an internship in your organization, please e-mail psychalumni@ilstu.edu.

Psychology Organizations, continued from page 1

Committee of NASP for the last four years and serves as associate editor of the *NASP Communique* and is the 2004 recipient of NASP's Editorial Excellence Award. Professor Mark Swerdlik serves as coordinator/chair of the Planning Committee for Professional Growth Workshops for the annual conventions of NASP.

Swerdlik is also chair of the Directors of University School Psychology Programs. Other active alumni leaders in school psychology organizations include Dan Florell, Ph.D. '01, webmaster for NASP and president-elect of the Kentucky

Association of School Psychologists; Rivkah Olley, M.S. '75, who has held several leadership positions in NASP; and Chris Israelson '73, M.S. '75, and Gail Brown, M.A. '78, who have been leaders in ISPA.

Leading another psychology organization at the statewide level is John Blattner, M.A. '75, who fondly recalled his time in the master's program in counseling psychology on Alumni Day 2004, as he reminisced with two of his former professors, Jim Johnson and Skip Lemke. He is president-elect of the Illinois Psychological Association (IPA) and is working diligently to try to reinvigorate the statewide organization. Blattner is placing particular emphasis on recruiting into IPA graduate students and psychologists just beginning their careers in the state of Illinois. He recalls the financial difficulties of his graduate school days and is trying to make IPA membership more attractive as well as more affordable for today's graduate students in psychology.

Active at the national level as well, Blattner chairs the Organizational Development Committee of Division 13 (consulting psychology) of the American Psychological Association (APA). Blattner, who earned his Ph.D. in psychology from the Fielding Institute, has been active in IPA for nearly a decade. As chair of the IPA Consulting Section he significantly increased membership participation in the organization. He explained, "I want to take what we did with the consulting section and repeat that success in the larger IPA organization." Blattner is president of P-A-S International,

Inc., an international organizational consulting firm and also maintains a private psychotherapy practice.

Leadership is possible for recent graduates, too. For example, Michele Borynski, M.S. '03, serves as president of the American Psychological Society (APS) Student Caucus (APSSC). She served as graduate student advocate for two years prior to becoming

president. "I remember that attending my first APS convention was a lot of fun. There were so many exciting presentations, and opportunities to see people that you know are responsible for particular lines



From left, Jim Johnson, John Blattner, and Skip Lemke

of research," said Borynski. However, she did not attend any of the student-oriented events until her second APS convention, when she met several people who were on the Student Caucus executive board. She recalled, "They were very upbeat and outgoing, and, as enjoyable as the first convention was, meeting those individuals made the convention one of my absolute favorites to date." Borynski described her executive board experience as "a lot of work at times, but definitely worth it."

Borynski believes the best way to get other students involved is by example. She said, "We work really hard to have high-quality programming for students at the convention, but we also have a great deal of fun. We show that attending a convention doesn't have to be a dry and totally serious experience, and that meeting with other researchers to talk about cutting-edge research is very exciting." She joins a strong tradition of Illinois State psychology alumni who have become leaders in APSSC, including Leslie McGovern '86, M.S. '89, who served as secretary and treasurer; Carolyn Roecker, M.S. '90, who served as treasurer and president; Charu Thakral, M.S. '99, who was RISE-UP coordinator; and Steven Miller, M.S. '00, who recently served as bookstore project coordinator.

Illinois State alumni are not alone in assuming leadership in psychology-related organizations. A number of faculty members are leaders as well. Ray Bergner recently served as president of the Society for Descriptive Psychology. Larry Alferink has in recent years

served as treasurer and president of the Mid-American Association for Behavior Analysis while Tom Critchfield is an executive council member of the Association for Behavior Analysis and serves as recording secretary for the Society for the Experimental Analysis of Behavior. Glenn Reeder worked on the program committee of the Midwestern Psychological Association for the last three years.

Within the APA, Michael Stevens co-chairs the program committee and serves on the committee on tests and measurements and the Web site technology task force of the Division of International Psychology. Tom Critchfield and Larry Alferink both serve leadership roles in APA's Division for Behavior Analysis, Critchfield as secretary and Alferink as treasurer. Alferink, who was also elected president of the division, serves as a member of the Interdivisional Coalition for Psychology in the Schools and Education in the Education Directorate of APA.

Two of our professors are leaders in the field of learning, one focusing on college students and one on preschool children. Pat Jarvis was a leader of the Organizing to Foster the Scholarship of Teaching and Learning (SoTL) Cluster for the American Academy of Higher Education 2004 Summer Academy and has served for three years as a senior mentor in the Millennium Fellows Program for High Potential Minority Students Seeking Graduate Training Pre-Conference at the Society for Research on Child Development. Laura Berk serves on the board of Jumpstart, a national, non-profit organization that trains college students to deliver early educational intervention to preschool children from low-income backgrounds via yearlong one-to-one relationships. Jumpstart college students are paired with children in classroom settings and work with them on language, literacy, social, and initiative skills for one year. Jumpstart partners with 66 different colleges and universities across the nation. More than 2,000 college students are serving nearly 8,000 preschool children.

No doubt other alumni are leaders in their professional organizations related in some way to psychology. If you are one of them, we would like to hear from you. E-mail psychalumni@ilstu.edu.

Alumni Updates

Sally Stanton, M.S. '88, completed a doctorate in cultural anthropology with a certificate in museum studies in 2001 and founded her full-time business, Zircon Consulting Group, Inc., which consults with nonprofit organizations in the arts, education and culture, including museums, around organizational development, resource development, program evaluation, and other critical issues.

Birth announcements:

Caroline (McWilliams) '96, M.S. '00, and Chris Bellizzi—Amelia Kate
Dawn (Tomaszewicz), M.S. '98, and Dave Ludden—Alyson
Tonya (Luttrell) '96, M.S. '00, and Roger Alberico—Roger David
Nicky Virgil, M.S. '03—Nathanial. She also moved back to Trinidad and is teaching I/O there.
Jeff Facticeau, M.S. '89, and Caroline—Madeline Elizabeth Facticeau
Diana (Fenichel), M.S. '98, and Ryan Herring—Jackson (Jack)

Industrial/Organizational-Social Psychology Alumni

Gerald Ferris '73, M.S. '79, Francis Eppes Professor of Management, Florida State University, was inducted into Illinois State University's College of Arts and Sciences Hall of Fame in February 2005. He was honored at the departmental level as one of the Psychology Department's Distinguished Alumni in 2001.
Robert Kaiser '93, M.S. '98, was coauthor on a paper published in MIT's *Sloan Management Review* that received runner-up honors for Best Paper of the Year.
Catharina (Stens) Anandikar, M.S. '04, was married with celebrations in the United States, Finland, and India!

School Psychology Alumni

David Chesire, M.S. '97, Ph.D. '04, completed his doctoral degree this past October. David works for the Duval County (Florida) Public Schools.
Dan Florrel, Ph.D. '01, currently an assistant professor in the School Psychology program at Eastern Kentucky University, has been appointed NASP webmaster and is president-elect of the Kentucky Association of School Psychologists. He is also a licensed psychologist in Kentucky.
Tesa Brager, Ph.D. '02; Tracy Cruise, M.S. '94, Ph.D. '98; Rebecca Ettelson, Ph.D. '02; Brenda Huber, Ph.D. '02; and Conni Patterson, Ph.D. '99, are now licensed psychologists in their respective states.
Tracy Cruise, M.S. '94, Ph.D. '98, and her husband Jeff welcomed their second child, Jason Lee Cruise.
Christy Mangione Walcott, Ph.D. '01, accepted a position as an assistant professor in the School Psychology program at East Carolina University.
Gwen Kaliher Badgerow, M.S. '92, and husband Mark Badgerow welcomed Hannah Rose. She is adored by her older sister Jessica, who is now 19, and by brother Matt, who is now 12.
Chris Israelson '73, M.S. '75, was recently appointed director of special education for the Valley View School District in Bollingbrook.

Clinical-Counseling Alumni

Lora Passetti, M.S. '02, presented a paper on MMPI-A profiles of substance-abusing adolescents at the 2004 meeting of the International Congress of Psychology in Beijing. She coauthored the paper, which was based on her master's thesis, with Michael Stevens and Jim Johnson. She is employed at Chestnut Health Systems-Lighthouse Training Institute in Bloomington.

Lisa Albaugh, M.S. '04, and Margie Nauta had an article titled "Career decision self-efficacy, career barriers, and college women's experiences of intimate partner violence" published in the *Journal of Career Assessment*.

Danesh Karunanayake, M.S. '00, and Margie Nauta published "The relationship of race to students' identified career role models and perceived role model influence" in *The Career Development Quarterly*.
Alexandra Glumac, NCC, LCPC, M.S. '88, is currently the clinical director for the YMCA Network for Counseling and Youth Development in Alsip, Illinois. She oversees 12 programs that provide treatment and prevention services to youth and adults. She is also an adjunct faculty member at Governors State University and a professional public speaker.
Cathy Cullen-Benson '75, M.A. '77, was appointed by Minnesota Governor Pawlenty to a three-year term on the Board of Behavioral Health and Therapy. This is a new board, which will oversee Licensed Professional Counselors, a new license in Minnesota. The board will also oversee the Licensed Alcohol and Drug Counselors in Minnesota. She was eligible for this appointment due to having a LCPC license in Illinois since 1995 and a Licensed Alcohol and Drug Counselor license in Minnesota since 1999.
Kara Lidy, M.S. '04, works as a child/adolescent outreach therapist at McLean County Center for Human Services. She provides therapy and intensive case management to at-risk children, adolescents, and their families.
Michael Berg, M.S. '04, works as a substance abuse therapist for a research program called Cornerstone, run by the Johns Hopkins School of Medicine Psychiatry Department.
Apryl Sloan, M.S. '03, and Jef Kahn have had an article titled "Client self-disclosure as a predictor of short-term outcome in brief psychotherapy" accepted for publication by the *Journal of College Student Psychotherapy*.

School Psychology

Current enrollment numbers 60 students in the SSP and Ph.D. programs. This year there are 11 entering students, seven enrolled in the specialist program and four in the doctoral program. Incoming students received their previous education at Ripon College and Marquette University in Wisconsin; Miami University of Ohio; University of Michigan and Central Michigan University; and in Illinois, Lewis University, University of Illinois at Urbana-Champaign, and Illinois State University.

Currently, four specialist and six doctoral students are on internship. As always, we appreciate the guidance that alumni of the program provide to current students that they supervise in the field!

Specialist interns sites:

- Special Education Association of Peoria County
- Arlington Heights School District
- Paradis Valley Unified School District, Phoenix, Arizona

Doctoral intern sites through the Illinois School Psychology Internship Consortium:

- Mental Health Resource Center in Pontiac/Livingston County Special Services Unit
- Sangamon Area Special Education District/The Children's Center in Springfield
- Southern Illinois University School of Medicine/Sangamon Area Special Education District
- University of Illinois Division of Rehabilitation Educational Services/Urbana School District
- Louisville, Kentucky, Special Education District
- Astor House, Brooklyn, New York

The seventh annual Illinois State School Psychology Institute was held last February and featured Nadine Kaslow, Ph.D., from Emory University in Atlanta. Over 100 local mental health practitioners and students attended her half-day workshop on school-based assessment and treatment of childhood depression, her afternoon research colloquium, and informal discussion with students.

Last March over 100 school psychology



Conversations with the School Psychology Alumni on Alumni Day 2004.

practitioners and graduate students attended the first Professional Growth Workshop sponsored by the Graduate Association of School Psychology (GASP), a university-registered student organization with a membership of all school psychology specialist and doctoral students. Doctoral students Joe Gentry and Anne Howard coordinated the planning of the workshop with assistance from a committee of fellow students. The workshop, presented by Mark Shinn, Ph.D., of National Louis University, focused on curriculum-based measurement and problem solving. Funds generated from the workshop were used to support student travel to the National Association of School Psychologists (NASP) conference in Dallas.

The Illinois School Psychology Internship Consortium (ISPIC) has been able to expand its recruitment and training of school psychology interns due to a grant from the Higher Education Cooperation Act. The program, housed on the Illinois State campus and directed by Brenda J. Huber, Ph.D. '02, is receiving strong support because the vast majority of graduates have chosen to practice in Illinois and many in underserved areas. Currently, ISPIC is in the process of recruiting its fourth class of pre-doctoral interns to the 16 partnering sites in central and northern Illinois. Twelve interns will be selected from 24 applicants.

Having already submitted documentation of the success and integrity of the program to the American Psychological Association, ISPIC plans a site visit in March 2005. ISPIC is pursuing APA accreditation in order to ensure an ongoing commitment to the highest-quality training and to vastly increase the

number, diversity, and caliber of applicants coming into school psychology in Illinois.

This past spring and summer the School Psychology faculty prepared our APA self-study. The Ph.D. program first received APA accreditation in 1998 and it was extended to the full seven years in 2001. Preparation of the self-study included several "retreats" including extensive discussion of outcome data and the curriculum based on input from alumni and employers. The self-study has been submitted to the APA Committee on Accreditation and the program has a site visit scheduled for March 24–25, 2005.

Several alumni returned to campus during Homecoming 2004 to talk with current specialist and doctoral students. These alumni included Cathy Baechle, Ph.D. '00, a school psychologist with North Shore Academy in Highland Park; Gwen Badgerow (formerly Kaliher), M.S. '92, a school psychologist with the Woodford County Special Services District in Metamora; Tesa Brager, Ph.D. '02, with Health Psychology/Behavioral Health Outpatient Clinic of OSF Saint Francis Hospital in Peoria; Tracy Cruise, M.S. '94, Ph.D. '98, an associate professor of psychology affiliated with the school and clinical psychology programs at Western Illinois University; Nikki Mitts '89, M.S. '91, a school psychologist with the Woodford County Special Services District in Metamora; and Guy Schumacher, M.A. '84, assistant superintendent for curriculum for Highland Park School District 112. Rich Mitts, M.S. '85, who continues to work in Peoria School District 150, joined his wife Nikki; Gwen and her husband Mark; Profes-

continued on next page

School Psychology, continued from page 8

sor Grupe; Mary Jane McCarthy; last and this year's Grupe Fellows Brian Spicer and Jennifer Wierzbicki; retired professor Jim Johnson; and Mark Swerdlik for dinner that evening.

We would like to make the "Conversations with School Psychology Alumni" an annual event at Homecoming. If you are interested in participating, we would like to welcome you back to campus. Please contact Mark at meswerd@ilstu.edu.

We encourage you to consider a donation. Contributions in the past have helped fund the School Psychology Institute, recruiting efforts for both graduate programs, travel funds for students, and the purchase of materials for the Psychological Services Center. If you choose to make a donation to support the program, please make your check payable to "Illinois State University Foundation" with "School Psychology Program" written in the memo section of your check. Please mail your donation to Illinois State University Foundation, Illinois State University, Campus Box 8000, Normal, IL 61790-8000. If you prefer to wait for the annual Telefund call, make sure you let the student or faculty member that you talk with know that the funds should be earmarked for the School Psychology program. Your support would be most appreciated.

We would also very much like to publish news about you and other alumni. Just drop Mark Swerdlik a note at Illinois State University, Department of Psychology, Campus Box 4620, Normal, IL 61790-4620 or e-mail him at meswerd@ilstu.edu.

In Memoriam

Paula Soukup Provadika '80, M.S. '82, passed away on June 17, 2004, after a two-year struggle with cancer. Diane Morrison, a close friend and classmate of Paula's, noted that Paula's husband, Dennis Providica; her sons, Tyler and Christopher; her parents, Mr. & Mrs. James Bergagna; and siblings and friends celebrated her life and accomplishments in the areas of school psychology, counseling, teaching, and community endeavors. She was an inspiration to many and will be greatly missed.

Kari Ottlinger '93, M.S. '96, in developmental psychology. She worked as a research assistant at the University of Tennessee.

Frank Volle, emeritus associate professor of psychology. He retired from Illinois State in 1988 after nine years of teaching courses including undergraduate personality theory and psychopathology and graduate psychodiagnostics, neuropsychology, and practicum.

Have you ever wondered whatever happened to your former faculty members in the School Psychology program? Here is what some of them are doing now:

Jeff Laurent has returned to the community working his second year as a school psychologist for the Tri-County Special Education District in Bloomington.

Jayne Bucy is now director of the School Psychology program at Radford College in Radford, Virginia. Jayne and her daughter are doing well.

Connie Horton continues in her position as director of the Student Counseling and Consultation Center at Illinois Wesleyan University. You may have seen her on the Today show where she was featured on a segment about college students using cell phones on campus.

Gloria Maccow is a program specialist with the Office of Assessment and Evaluation of the Guilford County Schools Greensboro, North Carolina.

Denise DeZolt works as a dean for Walden University, which offers a primarily Internet-based graduate program in school psychology.

Bonnie Nastasi works as a researcher for a Hartford, Connecticut-based research project. She is involved in several major international projects involving primary mental health prevention.

Maura Roberts is adjunct professor in the School Psychology program at Lehigh University and will coordinate the predoctoral internship at the Centennial School. Since leaving Illinois State, she held positions at Arizona State University and the University of Oregon as well as a practitioner position in Pennsylvania.

Faculty Members Win Awards

Four faculty members from the Psychology Department have been honored with Illinois State University and College of Arts and Sciences awards this year. Michael Stevens won the Outstanding College of Arts and Sciences Researcher Award. Much of his recent research has been in international psychology focusing on global issues such as terrorism, environmental degradation, HIV/AIDS, and human trafficking.

Byron Heidenreich received a University Research Initiative Award for his work relating to abnormal behavior in psychological disorders and neurological diseases.

One of his current studies focuses on understanding the role of the chemical serotonin in the brain. Serotonin mediates communication between nerve cells, and influences a large number of behaviors including feeding, sleep, learning and memory, the response to stress, the rewarding properties of some drugs of abuse, and perhaps most notably, emotion and mood. All of the drugs that have beneficial effects in relieving clinical depression act to initially increase serotonin levels in the

brain. Another of his projects aims to understand the processes that occur in the brains of people with Parkinson's disease.

Karla Doepke and Rocio Rivadeneyra swept the University Service Initiative Awards for the Psychology Department, winning the only two awarded.

Doepke is the founder of the Autism Services program at the Psychological Services Center and the co-founder of the Interagency Autism Spectrum Consortium, the Illinois State University Autism Institute, and the Autism Society of McLean County. She has been asked by the statewide Autism Project to author white papers on autism for state legislators.

Rocio Rivadeneyra serves as the Psychology Department's diversity coordinator. She is the co-founder of the Undergraduate Diversity Committee as well as the Psychology Mentorship Program, which matches incoming students of underrepresented groups with experienced students and faculty mentors. She also serves on the University's Intercultural Programs and Services Advisory Committee.



Michael Stevens



Karla Doepke



Byron Heidenreich



Rocio Rivadeneyra

Faculty Members Serve Through Editorial Boards

With all the demands on faculty members to teach classes, supervise student research projects, publish their own research and serve on committees, many of them still make time to serve on the editorial boards of academic journals. The Psychology Department encourages such service. Department chair David Barone explained, "One aspect of the faculty role is service to one's profession. Unpaid service on an editorial board is a critical part of advancing scholarship. Selection for a board is an indicator of a strong scholarly reputation in a field and a record of thoughtful and timely ad hoc reviewing of manuscripts."

Jef Kahn explained why he performs this unpaid work: "Most of the service of an editorial board member is reviewing manuscripts that are submitted for potential publication in a scholarly journal. As a faculty member, reviewing manuscripts is a great way to learn about different areas of research in which other scientists are interested. Serving on an editorial board is also a way for a faculty member to provide service to the scientific community by helping to make decisions about what re-

search gets added to the published literature." Kahn suggested that serving on an editorial board indirectly benefits students. "Because faculty members who serve on editorial boards become more knowledgeable about recent topics in psychology, they may be able to keep their class material current. Also, the experience that goes into providing feedback on submitted manuscripts can help editorial board members to provide useful feedback to undergraduates and graduate students working on research papers."

Recent and current editorial board service of faculty members is shown below.

- Ray Bergner: *Advances in Descriptive Psychology*
- Laura Berk: *Journal of Cognitive Psychology and Education*
- Gary Creasey, Pat Jarvis, Marla Reese-Weber, and Rocio Rivadeneyra: *Journal of Youth and Adolescence*
- Tom Critchfield: *Journal of Applied Behavior Analysis, The Behavior Analyst, The Behavior Analyst Today, The Psychological Record, Jour-*

nal of the Experimental Analysis of Behavior (associate editor)

- Eros DeSouza: *Interamerican Journal of Psychology, Psicologia: Reflexão e Crítica* (Brazilian journals)
- Scott Jordan: *The Journal of Mind and Behavior*
- Jef Kahn: *Journal of Counseling Psychology, Journal of College Counseling, The Counseling Psychologist*
- Steve Landau: *School Psychology Review, NASP Communique* (associate editor), 2004 recipient of NASP's Editorial Excellence Award
- John Pryor: *Basic and Applied Social Psychology, Psychological Inquiry*
- Glenn Reeder: *Journal of Personality and Social Psychology, Revue Internationale de Psychologie Sociale* (French journal)
- Mark Swerdlik: *Journal of Psychoeducational Assessment, School Psychology Quarterly*
- Michael Stevens: *Psychology: IUPsyS Global Resource, Profile: A Review of Psychology, Education XXI*

New Psychology Faculty

Joel Schneider is an assistant professor of Clinical-Counseling psychology as well as the coordinator of the College Learning Assessment Service, part of the Psychological Services Center. He earned his Ph.D. from Texas A&M University in 2003 and his research interests include cognitive abilities, personality assessment, and marital and family processes. He is teaching introductory psychology, statistics, psychodiagnostics, and theory and techniques of counseling.



Joel Schneider

Gary Cates, an assistant professor of school psychology, is currently teaching educational psychology and diagnostic procedures and supervising students in the psychoeducational assessment/intervention practicum. He earned his Ph.D. in 2001 from Mississippi State University and was an assistant professor in school psychology at Eastern Illinois University for the last three years. His research interests focus on applied behavior analysis in educational settings. Cates is developing an academic intervention service as part of the Psychological Services Center for elementary school-age students with difficulties in basic academic skills. It also provides consultation services to the students' parents and teachers.



Gary Cates

Keep in touch.

Send the following information to psychalumni@ilstu.edu, fax it to (309) 438-5789, or mail a letter to Vance Laine, Illinois State University, Department of Psychology, Campus Box 4620, Normal, IL 61790-4620:

Name, year you graduated, mailing address, e-mail, occupational title, and news about you.

If you e-mail, feel free to include a digital photo of you and your family for posting on the psychology alumni Web site.

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The number of
donors to the
Psychology
Department
increased by
33 percent
this year.

Thank you!

Federal Grant Funds Study of Changes in Sensitivity to Reward During Exposure to Drugs

The National Institute on Drug Abuse (NIDA) has funded a project led by Valeri Farmer-Dougan to investigate the role of dopamine and dopamine receptors in choice behavior using a matching law model of choice. Traditionally, dopamine had been considered the neural substrate of reward. However, recent models relating dopamine to behavior have suggested a better description of dopamine may be as a neurotransmitter of arousal, novelty, or surprise. Further, it appears dopaminergic D1-like and D2-like receptors may mediate different classes of behavior corresponding to changes in arousal, and that these different arousal topographies may differentially affect choice behavior.

The grant is for \$150,000 over a three-year period. Farmer-Dougan explained NIDA's interest in the study: "We now know that dopamine is an arousal neurotransmitter.

Cocaine and methamphetamine produce artificial arousal neurotransmitters and repeated use of such drugs trains the brain to reduce production of dopamine because there is already an arousal neurotransmitter present. When such drug use stops, the dopamine production remains low, leading to a craving for more arousal, which is commonly called addiction."

However, dopamine is involved in much more than

addiction. Children with attention deficit hyperactivity disorder (ADHD) are under-aroused. Farmer-Dougan explained, "Too little dopamine is produced in ADHD so the incoming stimulation seems to be going at half-speed and half-volume." She used the analogy of children being bored in church. "They lack sufficient stimulation so they squirm in an effort to bring in more stimulation." Schizophrenia, on the other hand, involves too much

dopamine in the brain, among other factors. People with schizophrenia are overaroused to the point where they cannot distinguish internal stimulation, the self-talk that we all have in our heads at times, from external stimulation such as others talking.

The federal funding supports paid graduate and undergraduate assistants to work in Farmer-Dougan's lab, provides drugs costing thousands of dollars per month to be administered to the laboratory rats, and pays for a digital video system that vastly improves the ability of the researchers to code the rat behaviors. Prior to this system, whenever a rat pressed a bar to receive a food reward the bar press was coded. Now, a variety of rat behaviors such as eating, digging, walking/searching, grooming, making snout contact, and turning can be coded. Psychology majors Katie Brown and Sarah Davis are writing the behavior coding manual for the new equipment as a senior project. Farmer-Dougan has 15 graduate and undergraduate assistants from the departments of biology and psychology that help in her lab.



From left, Valeri Farmer-Dougan, Fred 1100, Katie Brown, and Sarah Davis.

